



Gear Up: Wear Your PPE

Personal Protective Equipment is your first line of defense. Put it on *before* you begin.

PPE stands for **Personal Protective Equipment** — the gear that stands between you and a splash, spark, or spill.



Safety Goggles

Sealed around the eyes — the #1 protection against splashes and fumes.

ALWAYS



Lab Apron

Shields skin and clothes from chemicals, stains, and burns.

CHEMICALS · HEAT



Gloves

Match the glove to the chemical. Remove them before touching door handles.

AS DIRECTED



Closed-Toe Shoes

No sandals. Protect your feet from dropped glass and spills.

EVERY LAB



Check yourself before you start.

Goggles sealed? Apron tied? Sleeves and hair back? Then you're ready.