



The Core Lab Rules

Eight habits that keep every science classroom safe — before the experiment even starts.



Goggles on, every time

On your eyes — not your forehead — until cleanup is done.

01



No food or drink

The lab bench is not a table. Nothing goes in your mouth.

02



Tie back long hair & sleeves

Keep loose things away from flames and reactions.

03



No horseplay

Move with purpose. A bump near glass or fire is dangerous.

04



Know your exits & equipment

Find the door, eyewash, shower, and extinguisher first.

05



Report & clean spills

Tell your teacher, then clean up right away.

06



Label every container

If you can't name what's in it, it isn't safe to use.

07



Dispose of broken glass properly

Use the glass bin — never the regular trash.

08